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| Neuroscience 200C |
| Spring Quarter 2005 |
| Imaging/MRI Lecture |
| тT. Li, N.NEL200c, ucss Spring 2005 |

## Topics

1. Representing Images
2. 2D Fourier Transform
3. MRI Basics
4. MRI Applications
5. fMRI

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## Signals and Images

Discrete-time/space signal/image: continuous valued function with a discrete time/space index, denoted as $s[n]$ for 1D, $s[m, n]$ for 2 D , etc.
 $n$
n


Continuous-time/space signal/image: continuous valued function with a continuous time/space index, denoted as $s(t)$ or $s(x)$ for $1 \mathrm{D}, s(x, y)$ for 2 D , etc.


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## 2D Image






Examples



Phasor Diagram
Recall that a complex number has the form
$z=a+j b=|z| \exp (j \theta)=|z|(\cos \theta+j \sin \theta)$
where $|z|=\sqrt{a^{2}+b^{2}}$ and $\theta=\tan ^{-1}(b / a)$
$e^{-j 2 \pi k_{x} x}=\cos \left(2 \pi k_{x} x\right)-j \sin \left(2 \pi k_{x} x\right)$


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Interpretation

(b)
$\mathrm{k}_{\mathrm{x}}=0 ; \mathrm{k}_{\mathrm{y}}=0$
$\mathrm{k}_{\mathrm{x}}=0 ; \mathrm{k}_{\mathrm{y}} \neq 0$

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Fig 3.12 from Nishimura

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## History of MRI

Late 1970's: First human MRI images
Early 1980's: First commercial MRI systems
1993: functional MRI in humans demonstrated

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## Spin

- Intrinsic angular momentum of elementary particles -- electrons, protons, neutrons.
- Spin is quantized. Key concept in Quantum Mechanics.


## Classical Magnetic Moment

$$
\vec{\mu}=\mathrm{IA} \hat{n}
$$

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## Quantization of Magnetic Moment

The key finding of the SternGerlach experiment is that the magnetic moment is quantized. That is, it can only take on discrete values.

In the experiment, the finding was that the component of magnetization along the direction of the applied field was quantized:

$$
\mu_{z}=+\mu_{0} \text { OR }-\mu_{0}
$$

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## Energy in a Magnetic Field



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## Equilibrium Magnetization

$$
\begin{aligned}
\mathbf{M}_{0} & =N\left\langle\mu_{z}\right\rangle=N\left(\frac{n_{u p}\left(-\mu_{z}\right)+n_{\text {down }}\left(\mu_{z}\right)}{N}\right) \\
& =N \mu \frac{e^{\mu_{z} B / k T}-e^{-\mu_{z} B / k T}}{e^{\mu_{z} B / k T}+e^{-\mu_{z} B / k T}} \\
& \approx N \mu_{z}^{2} B /(k T) \\
& =N \gamma^{2} \hbar^{2} B /(4 k T)
\end{aligned}
$$

$\mathrm{N}=$ number of nuclear spins per unit volume Magnetization is proportional to applied field.

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## Torque



For a non-spinning magnetic moment, the torque will try to align the moment with magnetic field (e.g. compass needle)

$$
\mathrm{N}=\mu \mathrm{xB}
$$

Torque



## Larmor Frequency

| $\omega=\gamma B$ | Angular frequency in rad/sec |
| :---: | :--- |
| $f=\gamma B /(2 \pi)$ | Frequency in cycles/sec or Hertz, <br> Abbreviated Hz |

For a 1.5 T system, the Larmor frequency is 63.86 MHz which is 63.86 million cycles per second. For comparison, KPBS-FM transmits at 89.5 MHz .

Note that the earth's magnetic field is about $50 \mu \mathrm{~T}$, so that a 1.5 T system is about 30,000 times stronger.

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## Magnetization Vector

Vector sum of the magneti
moments over a volume.
For a sample at equilibrium in a magnetic field, the transverse components of the moments cancel out, so that there is only
longitudinal component.
Equation of motion is the same form as for individual moments.
$\mathbf{M}=\frac{1}{V} \sum_{\substack{\text { protons } \\ \text { in } V}} \mu_{i}$

$$
\frac{d \mathbf{M}}{d t}=\gamma \mathbf{M} \times \mathbf{B}
$$

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## RF Excitation


http://www.easymeasure.co.uk/principlesmri.aspx
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## Free Induction Decay (FID)




## Relaxation

1) Longitudinal component recovers exponentially.
2) Transverse component precesses and decays exponentially.


Fact: Can show that $\mathrm{T}_{2}<\mathrm{T}_{1}$ in order for $|\mathrm{M}(\mathrm{t})| \leq \mathrm{M}_{0}$ Physically, the mechanisms that give rise to $\mathrm{T}_{1}$ relaxation also contribute to transverse $\mathrm{T}_{2}$ relaxation.
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## Relaxation

An excitation pulse rotates the magnetization vector away from its equilibrium state (purely longitudinal). The resulting vector has both longitudinal $\mathbf{M}_{\mathbf{z}}$ and tranverse $\mathbf{M}_{\mathrm{xy}}$ components.

Due to thermal interactions, the magnetization will return to its equilibrium state with characteristic time constants.
$\mathrm{T}_{1}$ spin-lattice time constant, return to equilibrium of $\mathbf{M}_{\mathbf{z}}$
$\mathrm{T}_{2}$ spin-spin time constant, return to equilibrium of $\mathbf{M}_{\mathrm{xy}}$

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## Longitudinal Relaxation



Due to exchange of energy between nuclei and the lattice (thermal vibrations). Process continues until thermal equilibrium as determined by Boltzmann statistics is obtained.

The energy $\Delta \mathrm{E}$ required for transitions between down to up spins, increases with field strength, so that $\mathrm{T}_{1}$ increases with $\mathbf{B}$.

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## Transverse Relaxation

$$
\frac{d \mathbf{M}_{x y}}{d t}=-\frac{M_{x y}}{T_{2}} \quad \overbrace{\mathrm{x}}^{\mathrm{z}} \overbrace{\mathrm{yx}}^{\mathrm{z}} \overbrace{\mathrm{yx}}^{\mathrm{z}}
$$

Each spin's local field is affected by the z-component of the field due to other spins. Thus, the Larmor frequency of each spin will be slightly different. This leads to a dephasing of the transverse magnetization, which is characterized by an exponential decay.
$\mathrm{T}_{2}$ is largely independent of field. $\mathrm{T}_{2}$ is short for low frequency fluctuations, such as those associated with slowly tumbling macromolecules.

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There is nothing that nuclear spins will not do for you, as long as you treat them as human beings.

## Erwin Hahn

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## T2 Values

|  | T2 V | lues |
| :---: | :---: | :---: |
| Tissue | T ${ }_{2}(\mathrm{~ms})$ | Solids exhibit very short $\mathrm{T}_{2}$ relaxation times because there are many low frequency interactions between the immobile spins. |
| gray matter | 100 |  |
| white matter | 92 |  |
| muscle | 47 |  |
| fat | 85 |  |
| kidney | 58 | On the other hand, liquids show relatively long $\mathrm{T}_{2}$ values, because the spins are highly mobile and net fields average out. |
| liver | 43 |  |
| CSF | 4000 |  |
| Table: adapted from Nishimura, Table 4.2 |  |  |
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## Static Inhomogeneities

In the ideal situation, the static magnetic field is totally uniform and the reconstructed object is determined solely by the applied gradient fields. In reality, the magnet is not perfect and will not be totally uniform. Part of this can be addressed by additional coils called "shim" coils, and the process of making the field more uniform is called "shimming". In the old days this was done manually, but modern magnets can do this automatically.

In addition to magnet imperfections, most biological samples are inhomogeneous and this will lead to inhomogeneity in the field. This is because, each tissue has different magnetic properties and will distort the field.

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## $\mathrm{T}_{2}{ }^{*}$ decay

The overall decay has the form.

$$
\exp \left(-t / T_{2}^{*}(\vec{r})\right)
$$

where
$\frac{1}{T_{2}^{*}}=\frac{1}{T_{2}}+\frac{1}{T_{2}^{\prime}}$

Due to random motions of spins.
Not reversible.
Due to static inhomogeneities. Reversible with a spin-echo sequence.

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## Image Contrast

Different tissues exhibit different relaxation rates, $\mathrm{T}_{1}, \mathrm{~T}_{2}$, and $\mathrm{T}_{2}{ }^{*}$. In addition different tissues can have different densities of protons. By adjusting the pulse sequence, we can create contrast between the tissues. The most basic way of creating contrast is adjusting the two sequence parameters: TE (echo time) and TR (repetition time).

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## Saturation Recovery Sequence



Gradient Echo ${ }^{\text {TR }}$
TR
$I(x, y)=\rho(x, y)\left[1-e^{-T R / T_{1}(x, y)}\right] e^{-T E / T_{2}^{*}(x, y)}$


Spin $\stackrel{\text { Echo }}{\rightleftarrows}$

$$
I(x, y)=\rho(x, y)\left[1-e^{-T R / T_{1}(x, y)}\right] e^{-T E / T_{2}(x, y)}
$$

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## T1-Weighted Scans

Make TE very short compared to either $\mathrm{T}_{2}$ or $\mathrm{T}_{2}{ }^{*}$. The resultant image has both proton and $\mathrm{T}_{1}$ weighting.

$$
I(x, y) \approx \rho(x, y)\left[1-e^{-T R / T_{1}(x, y)}\right]
$$

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## T2-Weighted Scans

Make TR very long compared to $\mathrm{T}_{1}$ and use a spin-echo pulse sequence. The resultant image has both proton and $\mathrm{T}_{2}$ weighting.

$$
I(x, y) \approx \rho(x, y) e^{-T E / T_{2}}
$$

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## Proton Density Weighted Scans

Make TR very long compared to $\mathrm{T}_{1}$ and use a very short TE. The resultant image is proton density weighted.

$$
I(x, y) \approx \rho(x, y)
$$

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## Example

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## Gradients

Spins precess at the Larmor frequency, which is proportional to the local magnetic field. In a constant magnetic field $\mathrm{B}_{z}=\mathrm{B}_{0}$, all the spins precess at the same frequency (ignoring chemical shift).

Gradient coils are used to add a spatial variation to $\mathrm{B}_{\mathrm{z}}$ such that $\mathrm{B}_{\mathrm{z}}(x, y, z)=\mathrm{B}_{0}+\Delta \mathrm{B}_{\mathrm{z}}(x, y, z)$. Thus, spins at different physical locations will precess at different frequencies.






## K-space

At each point in time, the received signal is the Fourier transform of the object

$$
s(t)=M\left(k_{x}(t), k_{y}(t)\right)=F[m(x, y)]_{k_{x}(t), k_{y}(t)}
$$

evaluated at the spatial frequencies:

$$
\begin{aligned}
& k_{x}(t)=\frac{\gamma}{2 \pi} \int_{0}^{t} G_{x}(\tau) d \tau \\
& k_{y}(t)=\frac{\gamma}{2 \pi} \int_{0}^{t} G_{y}(\tau) d \tau
\end{aligned}
$$

Thus, the gradients control our position in k-space. The design of an MRI pulse sequence requires us to efficiently cover enough of $k$-space to form our image.

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Time of Flight Angiography


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Fiber Tract Mapping


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Oxygen binds to the iron atoms to form oxyhemoglobin $\mathrm{HbO}_{2}$ Release of $\mathrm{O}_{2}$ to tissue results in deoxyhemoglobin $\mathrm{dHBO}_{2}$

## Effect of $\mathrm{dHBO}_{2}$

$\mathrm{dHBO}_{2}$ is paramagnetic due to the iron atoms. As it becomes oxygenated, it becomes less paramagnetic.
$\mathrm{dHBO}_{2}$ perturbs the local magnetic fields. As blood becomes more deoxygenated, the amount of perturbation increases and there is more dephasing of the spins. Thus as $\mathrm{dHBO}_{2}$ increases we find that $\mathrm{T}_{2}{ }^{*}$ decreases and the amplitude $\exp \left(-\mathrm{TE} / \mathrm{T}_{2}{ }^{*}\right)$ image of a $\mathrm{T}_{2}{ }^{*}$ weighted image will decrease. Conversely as $\mathrm{dHBO}_{2}$ decreases, $\mathrm{T}_{2}{ }^{*}$ increases and we expect the signal amplitude to go up.

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